



Weekly WIC Newsletter

April 17, 2017

Reimbursement for Attending the Breastfeeding Learning Collaborative (BLC)

Thank you for all that attended! We appreciated your participation and hope you are able to use and share the valuable information provided.

The State office received an infrastructure grant to help sponsor this training. If you were approved to attend using these funds, please follow these instructions for reimbursement:

Please submit your travel reimbursement to the UM Conference Planners (forms were available at the check in desk) if you paid the expenses yourself. If your employer advanced you funds or you used your employer's credit card or vehicle, then your employer would send an invoice for those expenses to the UM Conference Planners. Please note that they may also ask you to complete a W-9 to fulfill reimbursement. Some agencies will have a split between personal reimbursement and invoicing from the agency, this is OK based on the particular circumstance.

Please do not also claim these expenses on your monthly expenditure report. Please also note that reimbursement rates are defined by State Policy. If your agency has a policy that supports higher reimbursement, you may claim the difference on your WIC monthly expenditure report.

In case you missed the forms, the packet contained a [reimbursement form](#) and a [substitute W-9](#) to complete. Please send them by fax (406-243-2047); snail mail (Ginger Claussen, Conference and Event Manager, Conference Planning Services, School of Extended & Lifelong Learning, University of Montana, Todd Building, 32 Campus Drive, Missoula, MT 59812); or if you want to be risky (not considered secure and your SSN is on them) by email to ginger.claussen@umontana.edu.

If you were not approved through infrastructure funding, and the State Office only waived/paid your registration for the BLC, the remainder of your travel expenses may be paid either from your regular WIC grant or your BPCP grant, if you are a BPC or a BPC Supervisor. These will be claimed on your monthly expenditure reports.

If you have any questions, please contact Chris at 1-800-433-4298 or email her at cfogelman@mt.gov. You can also check with Ginger Claussen at the above contact information.

M-SPIRIT Upgrade

An M-SPIRIT Upgrade will be pushed out the evening of April 26, so your computers will get the upgrade when you log in after that. Please plan ahead, as some clinics experience log download times for SPIRIT upgrades. No training is required since the release is for EBT, which you will not see yet.

If you have questions, please call the WIC Help Desk 1-800-433-4298, opt 1.

Reports

[Benefits Issued and Redeemed February 2017](#), [Breastfeeding and Peer Counselor Report March 2017](#), [Participation Report April 2016-March 2017](#)

New Local Program Staff Training

The State Office will be offering training for new(er) local program staff on June 14th – 16th, 2016. Please see the [agenda](#), [registration form](#) and list of possible [hotels](#). Attendees will be expected to complete required activities before attending. These will be sent in a later newsletter. Local programs are responsible for the travel, lodging and per diem costs. No meals will be provided. You may use your training money, allocated in your annual grant, to support this training.

Questions? Email Lalittle@mt.gov or call 444-5923, or fax 406-444-0239 to Lacys' attention.

National WIC Re-Branding Campaign

The National WIC Association members have been hard at work “re-branding” of the WIC logos and materials. To familiarize yourself with the new content, follow the [National Campaign for Locals to be Aware of](#) link.

[Montana Point of Care facilities](#) have received outreach materials displaying WIC advertisements, as a part of the growing WIC National Branding campaign. This includes advertising spots in *Parents Magazine*, *Fit Pregnant and Baby Magazine*, *Ser Padres Magazine*, and *Parents Latina Magazine*.

April Time Study Month

April is another time study month. Please record your hours worked for the month of April. The final deadline is Friday May 5th. Thanks!

April Outreach Idea

Reach out to drug-alcohol intervention programs/providers in your community. Provide information about WIC and locations of services.

Weekly Risk Code Highlight

[Risk Code 133](#), High Maternal Weight Gain is defined as follows:

1. A high rate of weight gain, such that in the 2nd and 3rd trimesters, for singleton pregnancies:

| Prepregnancy Weight Classification | BMI | Total Weight Gain (lbs.)/Week |
|------------------------------------|--|-------------------------------|
| Underweight | < 18.5 | > 1.3 |
| Normal Weight | 18.5 to 24.9 | > 1 |
| Overweight | 25 to 29.9 | > 0.7 |
| Obese | ≥ 30 | > 0.6 |
| Multi-fetal Pregnancies | See Justification for more information | |

2. High weight gain at any point in pregnancy, such that using an Institute of Medicine (ION)- based weight gain grid, a pregnancy woman's weight lots at any point above the top line of the appropriate weight gain range for her respective pregnancy weight category, as follows:

| Prepregnancy Weight Classification | BMI | Total Weight Gain Range (lbs.) |
|------------------------------------|--|--------------------------------|
| Underweight | < 18.5 | > 40 |
| Normal Weight | 18.5 to 24.9 | > 35 |
| Overweight | 25 to 29.9 | > 25 |
| Obese | ≥ 30 | > 20 |
| Multi-fetal Pregnancies | See Justification for more information | |

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Help us keep the distribution list updated - send e-mail address changes, additions and deletions to the WIC State Office at 1-800-433-4298.

